

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Integrativna in komplementarna medicina
Course title	Integrative and Complementary Medicine

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Fitoterapija/I. stopnja	Ni smeri študija	2. letnik	4.
Phytotherapy I st Cycle	No study field	2 nd year	4 th

Vrsta predmeta/Course type	obvezni / obligatory
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Univerzitetna koda predmeta/University course code	FIT_2_UN6
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Predavanja Lectures	Sem. vaje Tutorial	Kab. vaje Cabinet tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30	30				90	6

Nosilec predmeta/Lecturer:	prof. dr. Zmago Turk
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Jeziki/ Languages:	Predavanja/Lectures:	slovenski/Slovenian
	Vaje/Tutorial:	slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:	Prerequisites:
<ul style="list-style-type: none"> Vpis v drugi letnik študijskega programa. Študent mora pred izpitom pripraviti in predstaviti seminarsko nalogo. 	<ul style="list-style-type: none"> The prerequisite for inclusion is enrolment in the second year of study. Students have to successfully prepare and present a seminar paper before the examination.

Vsebina:	Content (Syllabus outline):
<ul style="list-style-type: none"> Predstavitev zgodovine komplementarnih ved skozi čas. Seznanitev z vsebino in namenom posameznih področij delovanja komplementarnih in integrativnih ved. Seznanitev z osnovnimi principi komplementarne in integrativne medicine. Seznanitev z osnovnimi oblikami integrativne medicine (manualna medicina, tradicionalna kitajska) 	<ul style="list-style-type: none"> Presentation of the history of complementary sciences through time. Getting to know the content and purpose of individual areas of action of complementary and integrative sciences. Getting to know the basic principles of complementary and integrative medicine. Getting to know the basic forms of integrative medicine (manual medicine,

medicina, fitoterapija-zeliščarstvo, body-mind medicine.	traditional Chinese medicine, phytotherapy - herbalism, body-mind medicine.
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<p>Temeljna literatura in viri/Readings:</p> <p>Temeljna literatura/Basic literature</p> <ul style="list-style-type: none"> • Kligler, B. (2014). Integrative medicine-principles for practice. New York, The McGraw-Hill Companies, Inc. • Micozii, M. S. (2011). Fundaments of complementary and alternative Medicine. New York, Saunders Elsevier. • Eurocam (2014). CAM 2020 - The contribution of Complementary and Alternative Medicine to sustainable healthcare in Europe. Brussels, Eurocam. http://www.camdoc.eu/Pdf/CAM%202020%20final.pdf. <p>Priporočena literatura/ Recommended literature</p> <ul style="list-style-type: none"> • Ernst, E. (2001). The desktop Guide to Complementary and Alternative medicine: an Evidence- based Approach. London.UK: Harcourt Publishers. • Chun-Su Yuan and Bieber E.J. Complementary and Alternative Medicine, Parthenon Publishing,2003 • Rakel D., Integrative medicine e.book: Expert consult premium edition- enhanced online features and print, 3rd edition, 2013 • Bakhru Aruna, Nutrition and Integrative medicine : A primer for Clinicians, 1ST edition, CRC press, 2018 • XuXiangcai , Principles of Traditional Chinese Medicine: The Essential Guide to Understanding the Human Body 1st Edition, 2018.

<p>Cilji in kompetence:</p> <p><i>Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:</i></p> <ul style="list-style-type: none"> • spoznavanje posameznih metod integrativne medicine, • spoznavanje terapevtskih metod v integrativni medicini, • spoznavanje pomena integrativne medicine v zdravstvenih vedah, • spoznavanje uporabnosti integrativne medicine v konceptu celostnega zdravstvenega sistema, • spoznavanje povezovanja integrativne medicine z uradno medicino. 	<p>Objectives and competences:</p> <p><i>The learning unit mainly contributes to the development of the following general and specific competences:</i></p> <ul style="list-style-type: none"> • getting to know the individual methods of integrative medicine, • getting to know the therapeutical methods in the integrative medicine, • learning about the significance of integrative medicine in medical sciences, • learning about the utility of integrative medicine in the concept of a comprehensive medical system, • learning about the connection of integrative medicine with the conventional school medicine.
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<p>Predvideni študijski rezultati:</p> <p>Študent/študentka:</p> <ul style="list-style-type: none"> • obvlada teoretična in praktična znanja posameznih metod v integrativni 	<p>Intended learning outcomes:</p> <p>Students:</p> <ul style="list-style-type: none"> • master the theoretical and practical knowledge of the individual methods in
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<p>medicini v smislu individualnega pristopa in celostne obravnave,</p> <ul style="list-style-type: none"> • praktična znanja: osnovna uporaba metod in spoznanje kontraindikacij ter možnih škodljivosti terapevtskih posegov. 	<p>integrative medicine in terms of an individual approach and an overall treatment.</p> <ul style="list-style-type: none"> • practical knowledge (the basic use of methods in learning about contraindications and possible inimical therapeutical interventions).
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<p>Metode poučevanja in učenja:</p> <ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i> v vsebinski povezavi s prakso, ki temeljijo na izkušenjskem, sodelovalnem in problemskem učenju, metodi demonstriranja (timsko delo, metoda kritičnega mišljenja, razprava, diskusija, evalvacija, refleksija izkušenj). 	<p>Learning and teaching methods:</p> <ul style="list-style-type: none"> • <i>lectures</i> with active students participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i> based on examples related to practice, the empirical and collaborative problem based learning, demonstration method (team work, method of critical thinking, reflection on experiences, discussion, reflexion of experiences).
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<p>Načini ocenjevanja:</p>	<p>Delež (v %) Weight (in %)</p>	<p>Assessment:</p>
<p>Načini:</p> <ul style="list-style-type: none"> • izpit • seminarska naloga s predstavitvijo in zagovorom <p>Ocenjevalna lestvica: ECTS.</p>	<p>60 % 40 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • exam • seminar paper with presentation and defence <p>Grading scheme: ECTS.</p>