

UČNI NAČRT PREDMETA / COURSE SYLLABUS	
Predmet: Course title:	Sodobne paradigme v zdravstveni negi Contemporary Paradigms in Health Care

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvene vede / 3. stopnja	Zdravstvena nega	1. letnik	2.
Health sciences / 3 <sup>rd</sup> Cycle	Health Care	1 <sup>st</sup> year	2 <sup>nd</sup>

Vrsta predmeta / Course type

temeljni predmet smeri /  
fundamental subject in study field

Univerzitetna koda predmeta / University course code:

3\_ZV\_1\_UN4\_TPS\_ZN

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
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20	10				420	15
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Nosilec predmeta / Lecturer:

izr. prof. dr. Bojana Filej

Jeziki /  
Languages:

Predavanja / Lectures:	slovenski/Slovenian
Vaje / Tutorial:	slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

- Vpis v prvi letnik študijskega programa.
- Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati raziskovalno nalogo.

Prerequisites:

- A prerequisite for inclusion is enrolment in the first year of study.
- Student has to prepare, present and defend a research paper before the exam.

Vsebina:

- *Pomembne sodobne teorije in modeli zdravstvene nege:* sistemsko orientirane teorije (npr. Neuman, Roy, Johnson), relacijsko orientirane teorije (npr. Peplau, Travelbee, Orlando), humanistično orientirane teorije (npr. Henderson, Nightingale, Orem, Peterson & Zderad). Predstavitev in analiza.
- *Pomembni koncepti zdravstvene nege:* npr. validacija (Feil), bobath koncept. Predstavitev in analiza.
- *Klinični mikrosistem v zdravstveni organizaciji.*
- *Varnost bolnikov.*

Content (Syllabus outline):

- *Important contemporary theories and models of nursing care:* system-oriented theories (e.g. Neuman, Roy, Johnson), relation-oriented theories (e.g. Peplau, Travelbee, Orlando), humanist-oriented theories (e.g. Henderson, Nightingale, Orem, Peterson & Zderad). Presentation and analysis.
- *Important concepts of nursing care:* e.g. validation (Feil), bobath concept. Presentation and analysis.
- *Clinical microsystem in healthcare organisation.*
- *Patient safety.*

- *Poglobitev teoretičnih osnov zdravstvene nege.*
- *Razvojno raziskovalne dejavnosti v zdravstveni negi.*
- *Problemi v intenzivni zdravstveni negi.*
- *Problemi paliativne medicine.*
- *Problemi v zdravstveni negi starostnika.*
- *Primerjalni ekskurz mednarodnega razvoja zdravstvene nege v luči sodobnih paradigem.*

- *Deepening the theoretical fundamentals of nursing care.*
- *Research and development activities in nursing care.*
- *Intensive care issues.*
- *Palliative medicine issues.*
- *Issues in nursing care of older people.*
- *Comparative excursion of international nursing care development in the scope of contemporary paradigms.*

### **Temeljni literatura in viri / Readings:**

- Chin and Kramer. (2004). *Integrated knowledge in nursing*, 6th ed. St. Louis: Mosby.
- Chinn, P., Kramer, L., Maeona, K. (1991). *Theory and nursing: integrated knowledge development*, 5th ed. St. Louis, London: Mosby.
- Hajdinjak, G., Meglič, R. (2006). *Sodobna zdravstvena nega*. Ljubljana: Visoka šola za zdravstvo.
- George, J. B. (ed.). (1995). *Nursing theories, the base for professional nursing practice*, 4th ed. Norwalk, Connecticut: Appleton & Lange.
- King, I. M., Fawcett, J. (eds.). (2001). *The language of nursing theory and metatheory*, 3rd. ed. Indianapolis: Sigma theta Tau International.
- Parker, Marilyn, E. (Ed.) (2001). *Nursing Theories and Nursing Practice*. Davis Company: Philadelphia. ISBN: 0-8036-0604-4.

### **Cilji in kompetence:**

- poglobljeno razumevanje najsodobnejših paradigem - teoretskih in metodoloških konceptov v zdravstveni negi,
- razvijanje novega znanja in reševanje najzahtevnejših problemov s preizkušanjem in izboljševanjem znanih ter odkrivanjem novih rešitev v zdravstveni negi,
- celovito kritično mišljenje, sposobnost analize in sinteze ter predvidevanje rešitev na med-disciplinarnem področju zdravstvene nege, zdravstvenih in družbenih ved,
- kreativno uporabo znanja pri apliciranju sodobnih paradigem v zdravstveni negi na področju zdravstva,
- prepoznavanje potreb po spremembah ter sposobnost za njihovo artikulacijo, kreacijo in aplikacijo ter evalvacijo rezultatov,
- razumevanje splošne strukture procesov uvajanja sodobnih paradigem v zdravstvu.

### **Objectives and competences:**

- a thorough understanding of the most contemporary paradigms - theoretical and methodological concepts in nursing care,
- developing new knowledge and solving the most complex problems with testing and upgrading the known and discovering new solutions in nursing care,
- comprehensive critical thinking, the ability to analyse, synthesise and forecast solutions in the interdisciplinary field of nursing care, health and social sciences,
- creative use of knowledge in application of the contemporary paradigms in nursing care in the field of health care,
- recognising the needs for changes and the ability for its articulation, creation, application, and evaluation of results,
- understanding basic structures of introducing contemporary paradigms in health care.

**Predvideni študijski rezultati:**

<p>Študent:</p> <ul style="list-style-type: none"> <li>• poglobljeno razume naj sodobnejših paradigme - teoretskih in metodoloških konceptov v zdravstveni negi,</li> <li>• je usposobljen za razvijanje novega znanja in reševanje najzahtevnejših problemov s preizkušanjem in izboljševanjem znanih ter odkrivanjem novih rešitev v zdravstveni negi,</li> <li>• razvija celovito kritično mišljenje, sposobnost analize in sinteze ter predvidevanje rešitev na med-disciplinarnem področju zdravstvene nege, zdravstvenih in družbenih ved,</li> <li>• kreativno uporabi novo znanje pri apliciranju sodobnih paradigem v proces zdravstvene nege in na področje zdravstva,</li> <li>• prepozna potrebe po spremembah ter razvije sposobnost za njihovo artikulacijo, kreacijo in aplikacijo ter evalvacijo rezultatov,</li> <li>• kritično presoja strukture procesov uvajanja sodobnih paradigem v zdravstvu.</li> </ul>
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**Intended learning outcomes:**

<p>Students:</p> <ul style="list-style-type: none"> <li>• thoroughly understand the most contemporary paradigms - theoretical and methodological concepts in nursing care,</li> <li>• are qualified for developing new knowledge and solving the most complex problems with testing and upgrading the known and discovering new solutions in nursing care,</li> <li>• develop comprehensive critical thinking, the ability to analyse, synthesise and forecast solutions in the interdisciplinary field of nursing care, health and social sciences,</li> <li>• creatively use their knowledge in application of the contemporary paradigms in nursing care in the field of health care,</li> <li>• recognise the needs for changes and the ability for its articulation, creation, application, and evaluation of results,</li> <li>• critically evaluate the structures of introducing contemporary paradigms in health care.</li> </ul>
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**Metode poučevanja in učenja:**

<ul style="list-style-type: none"> <li>• <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov),</li> <li>• <i>seminarji</i>: <ul style="list-style-type: none"> <li>- načrt za raziskavo,</li> <li>- izvedba raziskave (voden individualni študij),</li> <li>- izdelava, predstavitev in zagovor raziskovalne naloge;</li> </ul> </li> <li>• konzultacije (individualne in kolektivne).</li> </ul>
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**Learning and teaching methods:**

<ul style="list-style-type: none"> <li>• lectures with active student participation (explanation, discussion, questions, examples, problem solving),</li> <li>• <i>seminars</i>: <ul style="list-style-type: none"> <li>- research plan,</li> <li>- research implementation (guided individual study),</li> <li>- preparation, presentation and defence of the research paper;</li> </ul> </li> <li>• consultations (individual and group).</li> </ul>
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**Načini ocenjevanja:**

Delež (v %) / Assessment:  
Weight (in %)

<p>Načini:</p> <ul style="list-style-type: none"> <li>• izpit,</li> <li>• temeljna ali aplikativna raziskovalna naloga z zagovorom (obseg 30.000 znakov).</li> </ul> <p><i>Ocenjevalna lestvica:</i> uspešno, neuspešno.</p>	<p>60</p> <p>40</p>	<p>Types:</p> <ul style="list-style-type: none"> <li>• exam,</li> <li>• fundamental or applicative research paper with defence (30,000 characters).</li> </ul> <p><i>Grading scale:</i> pass, fail.</p>
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