

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Paliativna zdravstvena nega
Course title	Palliative Nursing Care

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvena nega / 2. stopnja	Ni smeri študija	2. letnik	3.
Nursing Care / 2 nd Cycle	No study field	2 nd year	3 rd

Vrsta predmeta/Course type modularni/module

Univerzitetna koda predmeta/University course code 2ZN 2 M4 UN3

Predavanja	Seminar	Sem. vaje	Lab. vaje	Teren. vaje	Samost. delo	ECTS
Lectures	Seminar	Tutorial	Laboratory work	Field work	Individ. work	
20		30			130	6

Nosilec predmeta/Lecturer: doc. dr. Irena Trobec

Jeziki/ Languages:	Predavanja/Lectures:	slovenski/Slovenian
	Vaje/Tutorial:	slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:	Prerequisites:
<ul style="list-style-type: none"> Vpis v drugi letnik študijskega programa. Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo. 	<ul style="list-style-type: none"> A prerequisite for inclusion is enrolment in the second year of study. Student has to prepare, present and defend a project/research paper before the exam.

Vsebina:	Content (Syllabus outline):
<ul style="list-style-type: none"> <i>Paliativna oskrba.</i> Opredelevitev pojma, pravni vidiki paliativne oskrbe, oblike paliativne oskrbe, integracija paliativne oskrbe v obstoječi sistem zdravstvenega varstva, možnosti vključitve v paliativno oskrbo, ovire dostopa do paliativne oskrbe. <i>Dolgotrajna oskrba.</i> Opredelevitev pojma, pravni vidiki dolgotrajne oskrbe, paliativna oskrba v okviru dolgotrajne oskrbe. <i>Paliativna zdravstvena nega.</i> Teoretične podlage paliativne ZN. Modeli paliativne ZN. Delovanje ZN v 	<ul style="list-style-type: none"> <i>Palliative care.</i> Definition, legal aspects of palliative care, forms of palliative care, integration of palliative care into the existing health care system, access to palliative care, barriers to palliative care. <i>Long-term care.</i> Definition, legal aspects of long-term care, palliative care in the context of long-term care. <i>Palliative nursing care.</i> Theoretical basis for palliative nursing care. Models of palliative nursing care.

<p>okviru paliativnih timov na različnih nivojih zdravstvenega varstva. Umiranje, smrt in žalovanje, načela paliativne zdravstvene nege. Obvladovanje bolečine in drugih bolezenskih simptomov, duhovna podpora, podpora pacientu in družini, zagotavljanje čim višjega nivoja kakovosti življenja v času umiranja in smrti.</p> <ul style="list-style-type: none"> • <i>Etični vidik skrbi ob koncu življenja.</i> Pravna in etična vprašanja, skrb, zagovorništvo, teoretične podlage reševanja etičnih problemov in dilem. • <i>Študije primerov in primerov iz prakse.</i> Paliativna oskrba v institucionalnem varstvu, dostopnost do paliativne oskrbe, ovire pri dostopu do paliativne oskrbe idr. 	<p>Integration of nursing care within palliative teams at different levels of health care. Dying, death and grief, principles of palliative care nursing, management of pain and other symptoms of the disease, spiritual support, support of the patient and family, providing the highest level of quality of life at the time of dying and death.</p> <ul style="list-style-type: none"> • <i>Ethical aspects of care at the end of life.</i> Legal and ethical issues, care, advocacy, theoretical framework of solving ethical problems and dilemmas. • <i>Case studies and practical examples.</i> Palliative care in institutional care, access to palliative care, barriers to accessing palliative care, etc.
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Ebert Moltara, M. in Bernot, M. (2023). *Paliativna oskrba odraslih bolnikov z rakom v Sloveniji: temeljni pojmi in priporočila*. Ljubljana: Onkološki inštitut.
- Ferrell, B. R., Coyle, N. in Paice, J. (Eds.). (2014). *Oxford textbook of palliative nursing*. Oxford University Press.
- Johnson, E. K. (2023). *Death, dying and disparity: an ethnography of differently priced residential care homes for older people*. Ageing & Society, str. 1-21.
- Kapun, M. M. (2022). Prenova procesov dolgotrajne oskrbe v domačem okolju. *RUO. Revija za Univerzalno Odličnost*, 11(2), 106-123.
- Lipar, T. (2017). Podroben prikaz nekaterih poglavij iz knjige dolgotrajna oskrba v Evropi. *Kakovostna Starost*, 20(1), str. 21.
- Hudobivnik, T. (2020). Kako do kakovostne in dostopne dolgotrajne oskrbe?. *Kakovostna starost*, 23(1), 45-46.

Priporočljiva literatura/Recommended literature

- Flaker, V. (2011). *Nastajanje dolgotrajne oskrbe*. Univerza v Ljubljani: Fakulteta za socialno delo.
- Kübler-Ross, E. (2009). *On death and dying: What the dying have to teach doctors, nurses, clergy and their own families*. Taylor & Francis.
- Lunder, U. (2013). *Odprto srce*. Mladinska knjiga založba.
- Wheeler, H. (2012). *Law, ethics and professional issues for nursing*. Milton Park, Abingdon (Oxon); London; New York: Routledge.
- Wittenberg-Lyles, E., Goldsmith, J., Ferrell, B. in Ragan, S. L. (2013). *Communication in palliative nursing*. Oxford University Press.
- Izbrani članki iz zbornikov znanstvenih srečanj, izbrani članki iz domačih in tujih znanstvenih revij, izbrane internetne strani.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- povezovanje znanja interdisciplinarnih strokovnih področij, usvajanje novega znanja na področju holistične in k pacientu usmerjene zdravstvene in socialne oskrbe,
- razumevanje celovitosti človeka in prepoznavanje njegovih specifičnih fizičnih, psihičnih, socialnih, duhovnih in kulturnih potreb ter zmožnosti in možnosti,
- zavezanost k profesionalni etiki,
- upoštevanje kompetenc in pristojnosti sodelujočih v integrirani in koordinirani zdravstveno socialni oskrbi,
- poznavanje osnov paliativne in dolgotrajne oskrbe,
- upoštevanje načel paliativne zdravstvene nege,
- upoštevanje globalne in nacionalne relevantne zdravstvene in socialne zakonodaje v prizadevanjih za kakovost življenja pacienta,
- kakovostno in varno delovanje v sistemu integrirane in kontinuirane zdravstvene in socialne oskrbe ter dolgotrajne pomoči pacientom v institucionalni obravnavi ali obravnavi v skupnosti.

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- integration of knowledge of interdisciplinary fields of expertise, the acquisition of new knowledge in the field of holistic and patient-oriented health and social care,
- understanding human integrity and identifying its specific physical, psychological, social, spiritual and cultural needs and abilities and possibilities,
- commitment to professional ethics,
- consideration of competences and responsibilities of participants in the integrated and coordinated health and social care,
- understanding basics of palliative and long-term care,
- observance of the principles of palliative care,
- compliance with the relevant global and national health and social legislation efforts for the quality of life of the patient,
- quality and safe operation of the system of integrated and continuous health and social care and long-term assistance to patients in an institutional treatment or treatment in the community.

Predvideni študijski rezultati:

Študent/študentka:

- pozna pomen zagotavljanja integrirane skrbi za pacienta paliativni oskrbi,
- spozna bistvo paliativne oskrbe v specifičnih okoliščinah oziroma v določenem življenjskem obdobju,
- razume pomen izidov za zagotavljanje kakovostne oskrbe,
- razvije in nadgradi znanje, spretnosti in profesionalne vrednote za medpoklicno sodelovanje pri izvajanju integrirane in kontinuirane oskrbe na področju skrbi za kakovost življenja in dobro počutje pacientov v paliativni oskrbi,

Intended learning outcomes:

Students:

- know the importance of integrated care for patients in palliative care,
- recognise the importance of palliative care in specific circumstances or at a certain age,
- develop and upgrade the knowledge, skills and professional values for interprofessional collaboration in the implementation of an integrated and continuous care in the field of care for the quality of life and well-being of patients in palliative care,
- develop the ability for individual planning, management, coordination, implementation and evaluation of

<ul style="list-style-type: none"> • usposobi se za individualno načrtovanje, vodenje, koordiniranje, izvajanje in vrednotenje integrirane in kontinuirane in dolgotrajne zdravstvene obravnave in oskrbe pacientov v paliativni oskrbi. 	integrated, continuous and long-term medical treatment and care for patients in palliative care.
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge, • <i>konzultacije</i>. 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a project/research paper, • <i>consultations</i>.
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Načini ocenjevanja:

Delež (v %)
Weight (in %)

Assessment:

<p>Načini:</p> <ul style="list-style-type: none"> • izpit • izdelava, predstavitev in zagovor projektne/raziskovalne naloge <p>Ocenjevalna lestvica: ECTS.</p>	<p>50 %</p> <p>50 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • exam • preparation, presentation and defence of the project/research paper <p>Grading scheme: ECTS.</p>
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