

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Oskrba oseb z demenco
Course title	Care of Persons with Dementia

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvena nega / 2. stopnja	Ni smeri študija	2. letnik	3.
Nursing Care / 2 nd Cycle	No study field	2 nd year	3 rd

Vrsta predmeta/Course type modularni/module

Univerzitetna koda predmeta/University course code 2ZN 2 M1 UN3

Predavanja	Seminar	Sem. vaje	Lab. vaje	Teren. vaje	Samost. delo	ECTS
Lectures	Seminar	Tutorial	Laboratory work	Field work	Individ. work	
20		30			130	6

Nosilec predmeta/Lecturer: doc. dr. Milica Gregorič Kramberger

Jeziki/ Languages: **Predavanja/Lectures:** slovenski/Slovenian
Vaje/Tutorial: slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:	Prerequisites:
<ul style="list-style-type: none"> Vpis v drugi letnik študijskega programa. Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo. 	<ul style="list-style-type: none"> A prerequisite for inclusion is enrolment in the second year of study. Student has to prepare, present and defend a project/research paper before the exam.

Vsebina:	Content (Syllabus outline):
<ul style="list-style-type: none"> <i>Starostnik in staranje.</i> <i>Alzheimerjeva bolezen in sorodne motnje.</i> <i>Vedenjski in psihiatrični simptomi pri demenci.</i> <i>Faze napredovanja Alzheimerjeve bolezni oz drugih demenc.</i> <i>Diagnostika in zdravljenje demence.</i> <i>Bolniku usmerjena oskrba pri demenci.</i> <i>Družinska podpora.</i> <i>Trenutna raziskave na področju demence.</i> <i>Etični vidiki dela z ljudmi z demenco.</i> 	<ul style="list-style-type: none"> <i>Older people and aging.</i> <i>Alzheimer's Disease and related disorders.</i> <i>Behavioural and psychiatric symptoms in dementia.</i> <i>Distinguishing the common stages or progression of Alzheimer's disease or other dementias.</i> <i>Diagnostics and treatment of dementia.</i> <i>Person-oriented nursing (care) in cases of dementia.</i> <i>Family support.</i>

	<ul style="list-style-type: none"> • <i>Current research in the area of dementia.</i> • <i>Ethical aspects of work with people with dementia.</i>
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- Brooker, D. in Lillyman, S (2013). *Dementia Care, Nursing and Health Survival Guides*. Routledge: Spi edition.
- Gregorič Kramberger, M. in Pirtošek, Z. (2010). Klinična slika najpogostejših demenc. V: Pirtošek, Z. (ur.), Trošt, M. (ur.). *Parkinsonizem, demenca : mala šola nevrologije*. Ljubljana: Center za ekstrapiramidne bolezni in Center za kognitivne motnje, Klinični oddelek za bolezni živčevja, Nevrološka klinika, Univerzitetni klinični center, str. 64-69.
- Gregorič Kramberger, M. (2014). V: Gregorič Kramberger, M. (ur.). *Multidisciplinarna obravnava bolnika s kognitivno motnjo: [zbornik predavanj: Kognitivni dan 2012-2014]*. Ljubljana: Center za kognitivne motnje, Klinični oddelek za bolezni živčevja, Nevrološka klinika, UKC.

Priporočljiva literatura/Recommended literature

- *Geriatric medicine: an evidence-based approach* (2014). Edited by Frank Lally, Christine Roffe. 1st ed. New York (NY): Oxford University Press, XIV, str. 221.
- Schpolarich, D. (2016). *Nega bolnika na domu: v objemu Alzheimerjeve bolezni. 1. natis*. Kranj: Narava, str. 499.
- Wirth, K. (ur.) (2011). *Celostna obravnava starostnika z demenco: zbornik predavanj*. 28. strokovno srečanje, Laško, 29. in 30. marec 2011. Ljubljana: Zbornica zdravstvene in babiške nege Slovenije - Zveza strokovnih društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije, Strokovna sekcija medicinskih sester in zdravstvenih tehnikov v socialnih zavodih, str. 142.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- povezovanje znanja interdisciplinarnih strokovnih področij, usvajanje novega znanja na področju holistične in k pacientu usmerjene zdravstvene in socialne oskrbe,
- celovito kritično razmišljanje, sposobnost analize, sinteze in predvidevanja rešitev s področij zdravstvenih ved, zdravstvene nege in medicine; družboslovnih in humanističnih ved, naravoslovno-matematičnih ter drugih ved (interdisciplinarnost),
- razumevanje celovitosti človeka in prepoznavanje njegovih specifičnih fizičnih, psihičnih, socialnih, duhovnih

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- integration of knowledge of interdisciplinary fields of expertise, acquisition of new knowledge in the field of holistic and patient-oriented health and social care,
- comprehensive critical thinking, the ability to analyse, synthesise and predict solutions in the field of nursing care, humanities, educational, social, organisational, natural mathematical and other sciences (interdisciplinarity),
- understanding of human integrity and identify its specific physical, psychological, social, spiritual and cultural needs and abilities and

<p>in kulturnih potreb ter zmožnosti in možnosti,</p> <ul style="list-style-type: none"> • prepoznavanje najpogostejših zdravstvenih in socialnih problemov, ki jih prinašajo kronične bolezni, • prepoznavanje in zadovoljevanje potreb pacienta ob upoštevanju njegovih vrednot, razvojnih nalog, življenjskega stila, družbenih norm in kapitalov za zdravje, • učinkovito odzivanje na potrebe pacientov, posameznika in skupnosti, • individualno načrtovanje, vodenje, koordiniranje, izvajanje in vrednotenje integrirane in kontinuirane (integrativne) zdravstvene obravnave in oskrbe pacientov z različnimi razvojnimi motnjami, kroničnimi in degenerativnimi bolezenskimi stanji ter poškodbami z dolgotrajnimi posledicami, • vsestransko in sistematično prilagajanje obravnave pacienta glede na želje, potrebe, možnosti in druge individualne okoliščine pacienta za opolnomočenje / krepitev moči in kakovost življenja pacienta s psihosocialno, zaposlitveno rehabilitacijo, socialno vključenostjo, prostovoljskimi dejavnostmi in pristočasovnimi aktivnostmi, • varovanje pacientovega dostojanstva, zasebnosti in zaupnosti ter varnost podatkov, • poznavanje in razumevanje skupnostne skrbi za osebe z motnjami v duševnem zdravju, • ohranjanje lastne identitete, profesionalne podobe in sloga delovanja, kritično samorefleksijo in vseživljenjsko življenje. 	<p>possibilities,</p> <ul style="list-style-type: none"> • identification of the most common health and social problems posed by chronic diseases, • identifying and meeting the needs of the patient taking into account its values, development tasks, lifestyles, social norms and margins for health, • respond effectively to the needs of the patient, the individual and the community, • individual planning, management, coordination, implementation and evaluation of integrated and continuous (integrative) medical treatment and care of patients with a variety of developmental disorders, chronic and degenerative medical conditions and injuries with long term effects, • a comprehensive and systematic adjustment of patient treatment according to the wishes, needs, options and other individual circumstances of the patient empowerment / empowerment and quality of life of patients with psychosocial, vocational rehabilitation, social inclusion, voluntary activities and leisure activities, • protecting the patient's dignity, privacy, confidentiality and security of data, • knowledge and understanding of community care for people with mental health problems, • maintaining one's own identity, professional image and style of operation, critical self-reflection and lifelong learning.
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<p>Študent/študentka:</p> <ul style="list-style-type: none"> • pozna značilnosti Alzheimerjeve bolezni in z njo povezanih motenj, • pridobi poglobljeno znanje o simptomih, diagnostiki in zdravljenju demence, 	<p>Students:</p> <ul style="list-style-type: none"> • understand the Alzheimer's disease and related disorders, • gain the advanced knowledge of the symptoms, diagnostics and treatment of dementia,
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<ul style="list-style-type: none"> • pridobi poglobljeno znanje o metodah in strategijah pristopa k osebi usmerjene zdravstvene nege v primeru demence, • pridobi poglobljeno znanje o pomenu medkulturne oskrbe v primeru demence, • pozna in razume strategije in ukrepe za uspešno upravljanje zahtevnih oblik vedenja, ki jih vidimo pri osebah z Alzheimerjevo boleznijo in sorodnih stanjih, • razvije sposobnosti za uspešno vodenje zahtevnih oblik vedenja pri osebah z Alzheimerjevo boleznijo in sorodnih stanjih, • usposobi se za napredno poznavanje stroke in pristojnosti medicinskih sester v zvezi z nego bolnikov z demenco, • usposobi se za podajanje ocene in načrta izvedbe prilagojene nege / programa, ki obravnava posebne potrebe oseb z demenco, • pozna pomen etičnih vidikov in posebnosti komunikacije z dementnim bolnikom. 	<ul style="list-style-type: none"> • gain the advanced knowledge of the methods and strategies for person-oriented nursing in cases of dementia, • gain the advanced knowledge of the meaning of cross-cultural care in cases of dementia, • know the strategies and interventions for the successful management of the challenging behaviours seen in persons with Alzheimer's disease and related disorders, • develop skills for the successful management of the challenging behaviours seen in persons with Alzheimer's disease and related disorders, • gain the advanced knowledge of nurses' profession and sphere of competence in relation to dementia care, • gain the advanced knowledge of care settings/programs that address the special needs of people with dementia, • know the importance of ethical considerations and specific communication with patient with dementia.
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge, • <i>konzultacije</i>. 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving); • <i>tutorial</i>: preparation, presentation and a successful defence of a project/research paper, • <i>consultations</i>.
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Načini ocenjevanja:

Delež (v %)

Weight (in %)

Assessment:

<p>Načini:</p> <ul style="list-style-type: none"> • 100 % udeležba na predavanjih in vajah: priprava, predstavitev in zagovor projektne/raziskovalne naloge – 100 % ocene; • če študent ni 100 % udeležen na predavanjih in vajah: - izpit – 60 % ocene, 	<p>100 %</p> <p>ali / or</p> <p>60 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • 100% attendance at lectures and tutorials: preparation, presentation and defence of project/research paper – 100 % of the grade; • if the students' attendance at lectures and tutorials is not
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<p>- priprava, predstavitev in zagovor projektne/raziskovalne naloge – 40 % ocene.</p> <p>Ocenjevalna lestvica: ECTS.</p>	<p>40 %</p>	<p>100%:</p> <ul style="list-style-type: none"> - exam - 60% of the grade, - preparation, presentation and defense of the project/research paper – 40% of the grade. <p>Grading scheme: ECTS.</p>
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