

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Perioperativna zdravstvena nega
Course title	Perioperative Nursing Care

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvena nega / 2. stopnja	Ni smeri študija	2. letnik	3.
Nursing Care / 2 nd Cycle	No study field	2 nd year	3 rd

Vrsta predmeta/Course type modularni/module

Univerzitetna koda predmeta/University course code 2ZN 2 M2 UNI

Predavanja Lectures	Sem. vaje Tutorial	Kab. vaje Cabinet tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30	30				180	8

Nosilec predmeta/Lecturer: doc. dr. Marijana Neuberg,
doc. dr. (Republika Poljska)
Bozena Gorzkowicz

Jeziki/ Languages: **Predavanja/Lectures:** slovenski/Slovenian, angleški/English
Vaje/Tutorial: slovenski/Slovenian, angleški/English

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti: **Prerequisites:**

Vpis v drugi letnik študijskega programa.	The prerequisite for inclusion is enrolment in the second year of study.
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Vsebina: **Content (Syllabus outline):**

<p><i>Strokovna, pravna in etična perioperativna zdravstvena nega:</i></p> <ul style="list-style-type: none"> • Zakonodaja in strokovne smernice za izvajanje perioperativne zdravstvene nege. • Osebna odgovornost za odločitve in ukrepe, sprejete v času izvajanja perioperativne zdravstvene nege. • Varnost pacientov v zvezi s psihosocialnimi in fizikalnimi značilnostmi 	<p><i>Professional, legal and ethical perioperative practice:</i></p> <ul style="list-style-type: none"> • Practices in accordance with legislation and professional guidance relevant to implementation of perioperative nursing care. • Personal accountability for one's decisions and actions taken in the course of perioperative nursing care delivery.
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<p>pacienta v odnosu do posameznika, njegovih pravic, prepričanj in želja.</p> <ul style="list-style-type: none"> • Pomen identifikacije pacientov in upoštevanja pomembnih podrobnosti v perioperativni obravnavi. <p><i>Perioperativna oskrba in praksa:</i></p> <ul style="list-style-type: none"> • Celovit pristop k pred, intra in postoperativni oskrbi pacientov, vključno z oceno posameznikovih potreb, načrtovanjem oskrbe pacientov in ocenjevanjem rezultatov. • Pomen natančnega, pravočasnega in stalnega spremljanja pacientov, analiziranja rezultatov in ustreznih ukrepov na podlagi strokovnega znanja in izkušenj. • Varno okolje za oskrbo pacientov. • Bolnišnična higiena, asepsa in različne metode dezinfekcije in sterilizacije. • Načela preprečevanja okužb pri zagotavljanju perioperativne zdravstvene nege. • Komunikacija v povezavi s skrbjo za posameznikovo zdravstveno nego. • Pomen strategij ravnanja z odpadki. • Zdravje in varnost na delovnem mestu. <p><i>Medosebni odnosi in komunikacija v perioperativni oskrbi:</i></p> <ul style="list-style-type: none"> • Učinkoviti medosebni odnosi s pacienti. • Bistveni elementi učinkovitega timskega dela za doseganje želenih rezultatov oskrbe pacientov v perioperativnem okolju. • Zagotavljanje in preverjanje ustreznih informacij (pravočasnost, berljivost in natančnost). <p><i>Organizacijske in vodstvene sposobnosti v perioperativni zdravstveni negi:</i></p> <ul style="list-style-type: none"> • Prednostne naloge oskrbe, ki temeljijo na klinični presoji zdravja pacientov in prejetih informacij. • Organizacijske sposobnosti diplomirane medicinske sestre pri zagotavljanju oskrbe pacientov v perioperativni negi. 	<ul style="list-style-type: none"> • Patient safety in respect to psychosocial and physical parameters of the patient and his/her rights, beliefs and wishes. • The importance of patient identification and applying accurate attention to detail in perioperative nursing care. <p><i>Perioperative care and practice:</i></p> <ul style="list-style-type: none"> • Holistic approach to the pre, intra and post-operative patient care including the assessment of individual patient needs, planning the patient care and evaluating outcomes. • The importance of accurate, timely and continuous monitoring of patients, analysing results and appropriate actions based on specialist knowledge and experience. • Safe environment for patient care. • Hospital hygiene, asepsis and different methods of disinfection and sterilisation. • The principles of infection prevention in the provision of perioperative nursing care. • Communication in relation to individual patient care. • Importance of waste management strategies. • Health and safety in the workplace. <p><i>Interpersonal relationships and communication in perioperative care:</i></p> <ul style="list-style-type: none"> • Effective interpersonal relationships with patients. • Essential requirements of effective teamwork to achieve the desired patient care outcomes in the perioperative environment. • Provision and verification of the appropriate information (timeliness, legibility, accurateness). <p><i>Organisational, management and leadership skills in perioperative nursing care:</i></p> <ul style="list-style-type: none"> • Priorities of care based on clinical judgement of patients' health and information received.
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<ul style="list-style-type: none"> • Sredstva za zagotavljanje ustrezne nege in oskrbe v perioperativni zdravstveni negi. • Učinkovite vodstvene sposobnosti kot podlaga za delo medicinske sestre v perioperativni zdravstveni negi. <p><i>Izobraževanje, strokovni razvoj in raziskave v perioperativni zdravstveni negi:</i></p> <ul style="list-style-type: none"> • Osebni in strokovni razvoj sebe in drugih. • Izobraževalne možnosti v perioperativni zdravstveni negi. 	<ul style="list-style-type: none"> • Organisational and management skills in the provision of patient care in perioperative nursing. • Appropriately managed resources to ensure readiness in the delivery of care in perioperative nursing. • Effective leadership skills as the basis of the nurse's work in perioperative nursing care. <p><i>Education, professional development and research in perioperative nursing:</i></p> <ul style="list-style-type: none"> • Personal and professional development of self and others. • Educational opportunities for self and others in perioperative nursing.
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Temeljna literatura in viri/Readings:

Temeljna literatura/Basic literature

- European Operating Room Nurses Association (2012). EORNA Common Core Curriculum for Perioperative Nursing Belgium: EORNA.
- Hamlin, L., Richardson-Tench, M. in Sutherland-Fraser, S. (2016) *Perioperative Nursing - EBook-epub: An Introduction*. Elsevier.
- Hamlin, L., Richardson-Tench, M. in Davies, M. (2011) *Perioperative Nursing - E-Book: An Introductory Text*. Elsevier.
- Zbornica zdravstvene in babiške nege Slovenije - Zveza strokovnih društev medicinskih sester, babic in zdravstvenih tehnikov Slovenije. Sekcija medicinskih sester in zdravstvenih tehnikov v operativni dejavnosti. Strokovno srečanje (2011) *Primeri dobre prakse v perioperativni zdravstveni negi [Elektronski vir]: zbornik*. Rogaška Slatina.

Priporočljiva literatura/Recommended literature

- Rothrock, J, C. (2010). *Alexander's Care of the Patient in Surgery - E-Book*. Elsevier.
- Dajčman, E. (2005) *Računalniško podprta perioperativna zdravstvena nega: specialistično delo*. Maribor.
- Woodhead, K. in Fufge, L. (2012) *Manual of Perioperative Care: An Essential Guide*. John Wiley & Sons.

Cilji in kompetence:

Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:

- usposobljenost za prepoznavanje potreb po zdravstveni negi, določitev negovalnih diagnoz, načrtovanje in izvajanje kakovostne in varne zdravstvene nege ter vrednotenje doseženih ciljev,

Objectives and competences:

The learning unit mainly contributes to the development of the following general and specific competences:

- qualification for recognising the nursing care needs, setting nursing diagnoses, planning and implementation of quality and safe nursing care, and evaluating the objectives achieved,

<ul style="list-style-type: none"> • sposobnost kreativne uporabe znanja pri delu v kliničnem okolju, • usposobljenost za prepoznavanje potreb po spremembah in kritično uvajanje inovacij v klinično okolje, • avtonomnost pri sprejemanju odločitev v procesu zdravstvene nege, • profesionalno komuniciranje v negovalnem, zdravstvenem, multidisciplinarnem timu, razvijanje in vzdrževanje primernih medsebojnih odnosov med zaposlenimi, pacienti, njihovimi družinami, skupinami, skupnostjo, • poznavanje pomena implementacije pristopa »na dokazih temelječega znanja/spoznanj zdravstvene nege« v klinično okolje, • vsestransko in sistematično obravnavo pacienta glede na relevantne fizične, psihične, socialne, kulturne, duhovne in družbene dejavnike, • sposobnost predvidevanja izidov dela v kliničnem okolju ob uvajanju novih metod, novih spoznanj, novih okoliščin, • zavezanost profesionalni etiki, sposobnost etičnega odločanja in ravnanja v primeru etičnih dilem v zdravstveni negi, • varovanje pacientovega dostojanstva, zasebnosti in zaupnosti podatkov. 	<ul style="list-style-type: none"> • the ability to creatively use knowledge in the clinical environment, • the ability to identify the needs for changes and to critically introduce innovations in the clinical environment, • autonomy in decision-making in the process of nursing care, • professional communication in a nursing, health or multidisciplinary team, the development and maintenance of good mutual relations among employees, patients, their families, groups and the community, • knowing the importance of the implementation of the so-called evidence-based knowledge/findings of nursing care into the clinical environment, • comprehensive and systematic treatment of the patient with regard to relevant physical, psychological, social, cultural, spiritual and social factors, • the ability to predict work outcomes in the clinical environment on introducing new methods, findings, new circumstances, • commitment to professional ethics, the ability to ethically decide and act in the event of ethical dilemmas in nursing care, • protection of patients' dignity, privacy and data confidentiality.
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Predvideni študijski rezultati:

Študent/Študentka:

- pozna pomen celovitega pristopa do skrbi za bolnika pred, znotraj in po operaciji,
- razvije sposobnost za ocenjevanje pacientovih potreb,
- razume pomen spodbujanja in zagotavljanja na pacienta osredotočeno oskrbo pred, med in po izbrani klinični situaciji,
- zna zagotoviti varnost pacientov glede na njegove psihosocialne in fizične značilnosti v odnosu do osebe in njegovih pravic, prepričanj in želja,

Intended learning outcomes:

Students:

- know the importance of holistic approach to patient care pre, intra and post-operatively,
- assessing the individual patient needs,
- promote and deliver patient centred care pre, intra and postoperatively in selected clinical situations,
- know how to ensure patient safety in respect of psychosocial and physical parameters of the person and his/her rights, beliefs and wishes,
- manage hospital hygiene, asepsis and the different methods of disinfection and sterilisation,

<ul style="list-style-type: none"> • obvlada standarde bolnišnične higiene in uporabo različnih metod dezinfekcije in sterilizacije, • razume načela učinkovite večstranske delovne skupine, • se usposobi za aktivno sodelovanje v raziskovalnih projektih in/ali projektih za izboljšanje storitev, • se usposobi za sodelovanje v programih zagotavljanja kakovosti, kot so klinične in izobraževalne revizije, • se usposobi za oblikovanje strategij za obvladovanje tveganj, • razume pomen ohranjanja svoje strokovne usposobljenosti v skladu z zakonodajo, • se usposobi za vseživljenjsko učenje s stalnim strokovnim razvojem, • se usposobi za prepoznavanje osebnih in poklicnih vrednot, odnosov, prepričanj in motivov, • razvije veščine za vzpostavljanje etičnega odnosa z različnimi skupinami ljudi, ki so vključeni v zdravljenje. 	<ul style="list-style-type: none"> • support the principles of effective multi-professional team working, • actively participate in research projects and/or service improvement projects, • participate in quality assurance programmes such as clinical and educational audits, • take part in risk management strategies, • maintain own professional competence in accordance with legislation, • expand life-long learning requirements, through ongoing specific continuing professional development, • know the importance of recognition of personal and professional values, attitudes, beliefs and motives, • develop skills for an ethical relationship establishment with the various people involved in the treatment.
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Metode poučevanja in učenja:

Learning and teaching methods:

<ul style="list-style-type: none"> • <i>predavanja</i> z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov), • <i>seminarske vaje</i>: priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge, portfolio (reševanje problemov, študije primera, kritično presojanje, diskusija, refleksija izkušenj, vrednotenje, projektno delo, timsko delo). 	<ul style="list-style-type: none"> • <i>lectures</i> with active student participation (explanation, discussion, questions, examples, problem solving), • <i>seminar tutorial</i>: preparation, presentation and a successful defence of a project/research paper, portfolio (problem solving, case studies, methods of critical thinking, discussion, reflection of experience, evaluation, project work, teamwork).
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Načini ocenjevanja:

Delež (v %)

Weight (in %)

Assessment:

<p>Načini:</p> <ul style="list-style-type: none"> • 100 % udeležba na predavanjih in vajah: priprava, predstavitev in zagovor raziskovalne naloge – 100 % ocene; • če študent ni 100 % udeležen na predavanjih in vajah: <ul style="list-style-type: none"> - izpit – 70 % ocene, 	<p>100 %</p> <p>ali / or</p> <p>70 %</p>	<p>Types:</p> <ul style="list-style-type: none"> • 100 % attendance at lectures and tutorials: preparation, presentation and defence of project paper – 100 % of the grade; • if the students' attendance at lectures and tutorials is not
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<p>- priprava, predstavitev in zagovor raziskovalne naloge – 30 % ocene.</p> <p>Ocenjevalna lestvica: ECTS.</p>	<p>30 %</p>	<p>100%:</p> <ul style="list-style-type: none"> - exam - 70% of the grade, - preparation, presentation and defense of the research paper – 30% of the grade. <p>Grading scheme: ECTS.</p>
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