

	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	Holistična in k pacientu usmerjena oskrba
Course title	<i>Holistic and patient-focused care</i>

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Integrirana zdravstvena in socialna oskrba/2. stopnja	Ni smeri študija	I. letnik	I.
Nursing Care / 2 nd Cycle		I st year	I st

Vrsta predmeta/Course type obvezni/obligatory

Univerzitetna koda predmeta/University course code IZSO I UN 3

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
25		30			155	7

Nosilec predmeta/Lecturer: doc. dr. Ljiljana Leskovic

Jeziki/ Languages:	Predavanja/Lectures:	slovenski/Slovenian
	Vaje/Tutorial:	slovenski/Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti: **Prerequisites:**

Vpis v prvi letnik študijskega programa.	Enrolment in the first year of study.
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Vsebina: **Content (Syllabus outline):**

<p><i>Holizem.</i></p> <ul style="list-style-type: none"> - Koncept in filozofija holistične oskrbe. - Fizični, psihični, socialni in duhovni vidiki obravnave. - Vloge in naloge izvajalcev holistične oskrbe. - Avtonomija, koordinacija in integracija izvajalcev. - Horizontalna integracija (multiprofesionalni timi) in vertikalna integracija (nivoji oskrbe). - Integrirano timsko delo. 	<p><i>Holism.</i></p> <ul style="list-style-type: none"> - The concept and philosophy of holistic care. - Physical, psychological, social and spiritual aspects of the treatment. - Roles and tasks of the performers of holistic care. - Autonomy, coordination and integration of performers. - Horizontal integration (multi-professional teams) and vertical integration (levels of care). - Integrated team works.
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<ul style="list-style-type: none"> - Intervencije v holistični oskrbi (aromaterapija, muzikoterapija, apiterapija, humor, masaža..). - Razlike med tradicionalno in integrativno zdravstveno obravnavo. <p><i>K pacientu usmerjena oskrba.</i></p> <ul style="list-style-type: none"> - Koncept k pacientu usmerjene oskrbe (individualnost, komunikacija, informiranje, učenje, empatija, koordinacija in integracija). - Ocena stopnje potreb pacienta. - Ocena zdravja in dobrega počutja. - Opolnomočenje pacientov za nadzor lastnega zdravja, življenja in dobrega počutja. - Terapevtski odnos in terapevtsko komuniciranje. - Terapevtsko okolje. - Svetovalni vidik. 	<ul style="list-style-type: none"> - Interventions in holistic care (aromatherapy, music therapy, apitherapy, humor, massage). - Differences between traditional and integrative health treatment. <p><i>Patient centered care.</i></p> <ul style="list-style-type: none"> - The concept of patient-centered care (individuality, communication, information, learning, empathy, coordination and integration). - Assessment of the degree of a patient's needs. - Assessment of health and wellness. - Empowering patients to control their own health, life and well-being. - The therapeutic relationship and therapeutic communication. - Therapeutic environment. - Advisory aspect.
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Temeljna literatura in viri/Readings:

Montgomery Dossey, B., Keegan, L. (2013). *Holistic nursing. A handbook for practice.* Burlington: Jones & Bartlett Learning.

Frampton, S., Guastello, S., Brady, C., Hale, M., Horowitz, S., Bennett Smith, S., Stone, S. (2008). *Patient centered care improved guide.* Planetree, Inc. & Picker Institute, Inc.

Dosegljivo na: <http://planetree.org/wp-content/uploads/2015/03/Patient-Centered-Care-Improvement-Guide-10.10.08.pdf>.

Frampton, SB., Charmel, P., Planetree (eds). (2008). *Putting Patients First: Best Practices in Patient-Centered Care.* 2nd edit. San Francisco: Jossey-Bass Publishers.

Cilji in kompetence:

Cilji:
 Usposobiti za samostojno iskanje novih virov znanja na področju integrirane zdravstvene in socialne oskrbe ter holistične in k pacientu usmerjene zdravstvene nege in oskrbe za kakovostno in varno delovanje v sistemu integrirane in kontinuirane zdravstvene obravnave in oskrbe pacientov.

Splošne kompetence:

- Povezovanje znanja interdisciplinarnih strokovnih področij, usvajanje novega

Objectives and competences:

Objectives:
 Skills for finding new resources of knowledge in the field of integrated health and social care, holistic and patient-centered health care and care for high quality and safe operation in the system of integrated and continuous health treatment and patient care.

General competences:

- Integrating knowledge of interdisciplinary fields of expertise, the

<p>znanja na področju holistične in k pacientu usmerjene zdravstvene in socialne oskrbe.</p> <ul style="list-style-type: none"> - Razumevanje celovitosti človeka in prepoznavanje njegovih specifičnih fizičnih, psihičnih, socialnih, duhovnih in kulturnih potreb ter zmožnosti in možnosti. - Usposobljenost za komuniciranje, medpoklicno sodelovanje, timsko in projektno delo na področju skrbi za zdravje, kakovosti življenja in dobrega počutja pacientov v instituciji ali na domu. <p><i>Predmetno specifične kompetence:</i></p> <ul style="list-style-type: none"> - Prepoznavanje in zadovoljevanje potreb pacienta ob upoštevanju njegovih vrednot, razvojnih nalog, življenjskega stila, družbenih norm in kapitalov za zdravje. - Učinkovito odzivanje na potrebe pacientov, posameznika in skupnosti. 	<p>acquisition of new knowledge in the field of holistic and patient-oriented health and social care.</p> <ul style="list-style-type: none"> - Understanding the integrity of the person and identify its specific physical, psychological, social, spiritual and cultural needs and capabilities. - Qualifications for communication, interprofessional collaboration, teamwork and project work in the field of care for health, quality of life and well-being of patients in an institution or at home. <p><i>Specific competences:</i></p> <ul style="list-style-type: none"> - Identifying and addressing the needs of the patient taking into account its values, development tasks, lifestyles, social norms and capital for health. - Effectively response to the needs of patients, individuals and communities.
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Predvideni študijski rezultati:

Diplomanti bodo sposobni:

- Preučevati sodobne teorije, ki opredeljujejo naravo zdravja, kakovost življenja in dobrega počutja na teoretičnem in praktičnem področju holistične integrirane in koordinirane zdravstveno – socialne oskrbe, in k pacientu usmerjene obravnave.
- Aktivno promovirati pomen kakovosti življenja in dobrega počutja.

Študent/študentka:

- Pozna fizični, psihični, socialni in duhovni vidik holistične obravnave človeka.
- Razume koncepta holistične in k pacientu usmerjene oskrbe.
- Razvije sposobnost holistične in k pacientu usmerjene oskrbe v praksi.
- Se usposobi za kritično presojo potreb človeka v integrirani zdravstveni in socialni oskrbi.

Intended learning outcomes:

Graduates will be able to:

- Examine modern theories specifying the nature of the health, quality of life and well-being in theoretical and practical field of integrated holistic and coordinated health and social care, and patient-centered treatment.
- Actively promote the importance of quality of life and well-being.

Students:

- Know the physical, psychological, social and spiritual aspects of holistic approach of the human being.
- Understand the concept of holistic and patient centered care.
- Develop skills for holistic and patient centered care in clinical practice.
- Develop skills for a critical assessment of the human-being needs in the integrated health and social care.

Metode poučevanja in učenja:

- *Predavanja* z aktivno udeležbo študentov (razlaga, razprava).
- *Seminarska vaje*: priprava, predstavitev in uspešen zagovor projektne naloge

Learning and teaching methods:

- *Lectures* with active student participation (explanation, discussion).
- *Tutorial*: preparation, presentation and a successful defence of a project paper.

Načini ocenjevanja:

Način:
 - izpit
 - izdelava, predstavitev in zagovor projektne naloge

Ocenjevalna lestvica: ECTS.

Delež (v %)

Weight (in %)

70 %

30 %

Assessment:

Types:

- exam
- preparation, presentation and defence of the project paper

Grading scheme: ECTS.